

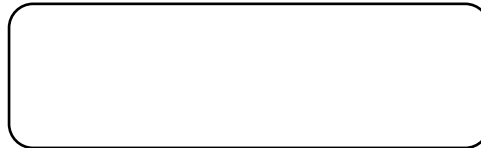
Apellidos: _____

Nombre: _____

DNI: _____

Firma:

Fecha: _____



INSTRUCCIONES PARA LA REALIZACIÓN DE LA PRUEBA:

La prueba consta de cuatro partes, correspondientes a cuatro competencias o skills:

- 1.- Competencia de comprensión auditiva (Skill: listening)
- 2.- Competencia lectora o de comprensión de textos escritos (Skill: reading)
- 3.- Competencia de expresión escrita (Skill: writing)
- 4.- Competencia de expresión oral (Skill: speaking)

Es preciso haber aprobado cada una de las competencias para superar la prueba.

El tiempo disponible para realizar se adecuará a los intervalos necesarios para las diferentes partes de la prueba.

1.- Competencia de comprensión auditiva (Skill: listening)

El examen de competencia de comprensión auditiva consiste en escuchar 2 grabaciones diferentes, que se escucharán dos veces cada una, y contestar a 14 preguntas en total. Cada pregunta se puntúa con 1 punto, sumando en total 14 puntos. Para aprobar esta competencia es necesario obtener la mitad de la puntuación máxima, esto es, 7 puntos. Las dos grabaciones se encuentran en los siguientes audios:

- Listening part 1 questions 1-8
- Listening part 2 questions 9-14

Con la primera grabación se da respuesta a las cuestiones 1 a 8. (8 puntos)

Con la segunda grabación se da respuesta a las preguntas 9 a 14. (6 puntos)

2.- Competencia lectora o de comprensión de textos escritos (Skill: reading)

El examen de competencia lectora consiste en leer 2 textos diferentes. Cada texto tiene distinta puntuación, sumando entre todos 16 puntos. Para aprobar esta competencia es necesario obtener la mitad de la puntuación máxima, es decir, 8 puntos.

Con el primer texto se responden las cuestiones 1 a 10. 10 puntos.

Con el segundo texto se responden las preguntas 11 a 16. 6 puntos

3.- Competencia de expresión escrita (Skill: writing)

El examen de competencia de expresión escrita consistirá en rellenar los huecos de un texto utilizando las palabras que figuran en la lista debajo del mismo. La puntuación por cada palabra correcta será de 1 punto. La puntuación máxima será de 10 puntos. Para superar esta competencia será necesario obtener, al menos, 5 puntos.

4.- Competencia de expresión oral (Skill: speaking)

El examen de competencia de expresión oral consiste en hablar sucesivamente sobre dos temas diferentes durante un tiempo de 3-4 minutos para cada tema, respondiendo a las preguntas que el examinador pueda realizar durante otros 2 minutos como máximo. Se evaluará sobre un total de 20 puntos, teniendo en cuenta los siguientes aspectos:

- 1.- Establecimiento de un contacto social, presentarse y explicar brevemente información sobre sí mismos, descripción de foto. Se evaluará sobre 3 puntos.
- 2.- Respuesta y reacción a preguntas sencillas. Se evaluará sobre 3 puntos.
- 3.- Uso adecuado de un vocabulario suficiente para satisfacer las necesidades comunicativas básicas. Se evaluará sobre 5 puntos.
- 4.- Uso adecuado de las estructuras y formas gramaticales relativas a la situación propuesta, aunque se comentan algunos errores. Se evaluará sobre 5 puntos.
- 5.- Fonética y fluidez, pronunciación suficientemente clara como para ser comprendido. Se evaluará sobre 4 puntos.

La puntuación máxima será de 20 puntos.

Para aprobar esta competencia es necesario obtener la mitad de la puntuación máxima, es decir, 10 puntos.

Cada actividad de las dos puntúa con un máximo de 10 puntos.

A cumplimentar por el personal responsable de la realización de las pruebas:

Datos de realización de la prueba:

Centro: _____

Dirección: _____

Resultados parciales de la prueba:

PARTE 1.- COMPETENCIA AUDITIVA (LISTENING)

ACIERTOS:

PUNTUACIÓN: $P_1 = \text{Aciertos} (\quad) \times 1 =$

SUPERA COMPETENCIA: SI NO:

PARTE 2.- COMPETENCIA LECTORA (READING)

ACIERTOS:

PUNTUACIÓN: $P_2 = \text{Aciertos} (\quad) \times 1 =$

SUPERA COMPETENCIA: SI NO:

PARTE 3.- COMPETENCIA EXPRESIÓN ESCRITA (WRITING)

ACIERTOS:

PUNTUACIÓN: $P_2 = \text{Aciertos} (\quad) \times 0,5 =$

SUPERA COMPETENCIA: SI NO:

PARTE 4.- COMPETENCIA EXPRESIÓN ORAL (SPEAKING)

PUNTUACIÓN:

SUPERA COMPETENCIA: SI NO:

Puntuación final de la prueba:

APTO

NO APTO

Skill: LISTENING

Part 1. Questions 1-8.

Listen carefully and fill the gaps with the correct word from the box. You will hear the information twice. Now you have 30 seconds to read the sentences. (8 marks)



Source: <https://www.nationalgeographic.co.uk/environment-and-conservation/2018/06/why-our-throwaway-culture-has-to-end>

- A) FIFTY
- B) SIXTY
- C) A HUNDRED AND SEVENTY-THREE
- D) SEVEN MILLION
- E) EIGHTY MILLION
- F) SEVEN
- G) FORTY-FIVE
- H) ONE

In Western Europe we throw away millions of tonnes of rubbish every year.

28% of this rubbish is packaging.

The average person in Los Angeles throws away (1) _____ kilos of rubbish every day.

But the average person in the Third World throws away only (2) _____ kilo.

In Britain, we throw away (3) _____ tonnes of paper every year.

That's the same as (4) _____ trees.

In one year, a European family with two children throws away: (5) _____ kilos of paper.

(6) _____ kilos of metal

(7) _____ kilos of plastic. The same as three hundred thousand supermarket bags.

In one year, the average person throws away (8) _____ cans.

What can we do about it?

Part 2. Questions 9-14.

Listen to the report and complete the gaps (9-14) with the correct word (A-F)

You will hear the information twice. Now you have 30 seconds to read the text.

(6 marks)

- A. EXPENSIVE
- B. FRESH
- C. VEGETABLES
- D. URBAN
- E. FARM
- F. LETTUCE

For many years, people in American cities have depended on farmers in rural areas to grow fruits and

(9) _____. But now a new generation of farmers is planting crops in (10) _____ areas.

Sean Conroe is a college student. Amber Banks is a teacher. They both grew up farming and gardening. Sean Conroe and Amber Banks wanted to start a (11) _____ in the middle of Seattle, Washington.

AMBER BANKS: "There are a lot of neighbourhoods that don't have access to healthy, (12) _____ produce. And if they do, it can be very (13) _____. So we see unused space as a great place to grow food that will make it more accessible for people."

Sean Conroe created a website to get volunteers and donations. Within a week, they were offered a plot of land between two houses. He says twenty volunteers worked for six weekends to turn the grassy land into a farm. They call their project Alleycat Acres.

SEAN CONROE: "We have spinach, onions, radish, (14) _____ and chard that's all ready to be harvested right now."

There are also carrots, green onions, peas, beans and turnips.

Source: <https://www.voanews.com/>

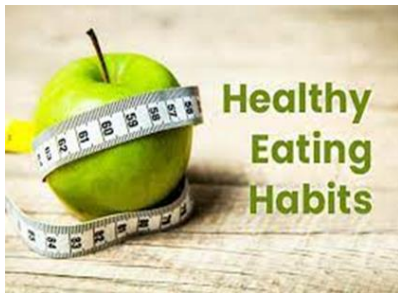


Skill: READING

Part 1. Questions 1-10

Read the following passage about healthy eating habits and answer the questions that follow.

HEALTHY EATING HABITS



Eating habits play a crucial role in maintaining our overall health and well-being. By adopting healthy eating habits, we can provide our bodies with the necessary nutrients and energy they need to function properly. Here are some tips for developing healthy eating habits:

1. Eat a variety of foods: Including a diverse range of foods in your diet ensures that you receive a wide array of nutrients. Try to include fruits, vegetables, whole grains, lean proteins, and healthy fats in your meals.
2. Portion control: Be mindful of portion sizes to avoid overeating. Use smaller plates and bowls to help control the amount of food you consume. Listen to your body's hunger and fullness cues to avoid unnecessary snacking.
3. Limit processed foods: Processed foods often contain high amounts of unhealthy fats, sugars, and additives. Try to minimize your intake of processed snacks, sugary beverages, and fast food. Opt for whole, natural foods whenever possible.
4. Choose nutrient-dense foods: Focus on consuming foods that are rich in nutrients. These include fruits, vegetables, whole grains, legumes, lean meats, fish, and low-fat dairy products. These foods provide essential vitamins, minerals, and antioxidants.
5. Drink plenty of water: Water is essential for maintaining good health. Stay hydrated throughout the day by drinking an adequate amount of water. Avoid sugary drinks and opt for water, herbal teas, or infused water instead.
6. Limit salt and sugar intake: Excess salt and sugar consumption can contribute to various health issues. Reduce your intake of salty snacks, processed meats, sugary desserts, and sweetened beverages. Instead, use herbs, spices, and natural sweeteners to add flavor to your meals.

7. Cook at home: Cooking your own meals allows you to have control over the ingredients and cooking methods used. You can make healthier choices by using fresh ingredients, reducing added fats and sugars, and avoiding excessive salt.
8. Practice mindful eating: Pay attention to your eating habits and be present during mealtimes. Chew your food thoroughly and savor the flavors. Eating slowly can help you recognize when you're full and prevent overeating.
9. Plan your meals: Plan your meals in advance to ensure a balanced diet. Include a mix of vegetables, proteins, and whole grains in each meal. Planning ahead can also help you make healthier choices and resist the temptation of unhealthy snacks.
10. Be consistent: Developing healthy eating habits takes time and consistency. Aim to make small, sustainable changes rather than drastic, short-term diets. Gradually incorporate healthier foods into your meals and practice moderation.

Remember, healthy eating habits are a lifelong commitment. By adopting these habits, you can improve your overall health, maintain a healthy weight, and reduce the risk of chronic diseases.

QUESTIONS.

CIRCLE THE LETTER THAT CORRESPONDS TO THE CORRECT ANSWER.

1. What role do eating habits play in our health?
 - a) They have no impact on our health.
 - b) They play a minor role in our health.
 - c) They play a very important role in our health.
2. What can healthy eating habits provide our bodies with?
 - a) Unnecessary nutrients.
 - b) Extra energy.
 - c) Necessary nutrients and energy.
3. What types of foods should we include in our diet?
 - a) Fruits, vegetables, whole grains, lean proteins, and healthy fats.
 - b) Processed snacks and sugary beverages.
 - c) Fast food and sugary desserts.

4. What should we be mindful of to avoid overeating?
 - a) Portion control.
 - b) Eating as much as we want.
 - c) Skipping meals.
5. What is one way to control portion sizes?
 - a) Using smaller plates and bowls
 - b) Eating from larger plates and bowls
 - c) Not paying attention to portion sizes
6. What should we minimize our intake of?
 - a) Processed foods.
 - b) Fruits and vegetables.
 - c) Lean proteins and whole grains.
7. Why is water important for our health?
 - a) It provides essential vitamins and minerals.
 - b) It helps control portion sizes.
 - c) It helps maintain good health and hydration.
8. How can we reduce our salt and sugar intake?
 - a) Avoiding salty snacks and sugary drinks.
 - b) Consuming more processed foods.
 - c) Adding extra salt and sugar to our meals.
9. What are the benefits of cooking at home?
 - a) Having control over ingredients and cooking methods.
 - b) Eating more fast food.
 - c) Consuming processed snacks.
10. How can we develop healthy eating habits?
 - a) By making small, sustainable changes.
 - b) By following short-term diets.
 - c) By completely changing our eating habits overnight.



Part 2. Questions 11-16

Read the following text and choose the correct option for each of the sentences or questions 11 to 16.

For each question put a tick (✓) in the correct answer box. Only ONE option is correct.

(6 marks)

DISCOVERING THREE FAIR TRADE STORES



Are you passionate about supporting fair trade and ethical consumerism? Look no further! In this article, we will introduce you to three unique stores that are committed to selling fair trade products. Let's explore these wonderful establishments and the positive impact they have on communities around the world.

1. "EcoGoods" - A Haven for Sustainable Shoppers

Located in the heart of Vancouver, Canada, EcoGoods is a haven for those seeking sustainable and fair trade products. This store offers a wide range of environmentally friendly goods, from organic clothing and accessories to eco-friendly household items. By choosing to shop at EcoGoods, you can be confident that your purchases are contributing to a more sustainable future.

2. "Ethical Emporium" - Empowering Artisans in India

Step into Ethical Emporium in New Delhi, India, and be greeted by a colorful array of handicrafts and textiles. This store specializes in promoting the work of local artisans and craftspeople. Through fair trade practices, Ethical Emporium provides a platform for these talented individuals to showcase their creations while ensuring fair wages and safe working conditions. By supporting Ethical Emporium, you are empowering communities and preserving cultural traditions.

3. "Fair Harvest" - Bringing Fairness to Coffee Lovers

If you're a coffee enthusiast, look no further than Fair Harvest in Seattle, USA. This specialty coffee shop takes pride in serving ethically sourced and fair trade coffee beans from around the world. By partnering directly with coffee farmers, Fair Harvest ensures fair prices and supports sustainable farming practices. Treat yourself to a delicious cup of coffee while knowing that you're making a positive impact on the lives of farmers and their communities.

QUESTIONS.

11. Which store is located in Vancouver, Canada?

- EcoGoods Ethical Emporium Fair Harvest

12. Where can you find Ethical Emporium?

- New Delhi, India Seattle, USA Vancouver, Canada

13. Which store specializes in promoting the work of local artisans?

- EcoGoods Ethical Emporium Fair Harvest

14. Which store focuses on serving ethically sourced coffee beans?

- EcoGoods Ethical Emporium Fair Harvest

15. In which city is Fair Harvest located?

- New Delhi, India Seattle, USA Vancouver, Canada

16. Which store specializes in empowering its communities?

- EcoGoods Ethical Emporium Fair Harvest

Skill: WRITING

Read and complete the following text. Choose , from A-J, the one which best fits each gap, 1-10. (10 marks)

10 THINGS YOU CAN DO TO LIVE AN ECO-FRIENDLY LIFE



1. _____ Leave the car at home and be more active. It is positive physically and mentally, and it also impacts the environment considerably.
2. _____. Batteries, paper, cardboard,... you can give a second life to almost everything.
3. Buy less plastic and use a _____. More than one million plastic shopping bags are used every minute around the world. It takes hundreds of years for a plastic bag to decompose.
4. _____ This food is designed to respect nature, avoiding pesticides and fertilizers.
5. _____ It is important where they come from. The closer to home these products are, the less carbon is created with their transportation. This also benefits the local economy, supporting local farmers and other producers.
6. _____ Use products that are made from natural ingredients and are free of chemicals. Chemical products could harm your family, pets and the environment.
7. _____. Take shorter showers and turn off the tap when brushing your teeth and washing your hands. Do not leave the water running.
8. Stop drinking bottled water. You can use a _____. It is an alternative to single-use ones.
9. _____. We buy more than we need, and excessive consumption means higher costs to the environment. Will you use it 30 times? If not, don't buy it!
10. _____. Energy conservation is one of the most important things you can do to save the planet. Leaving the lights on while you are not in the room and your devices connected at night uses unnecessary energy.



1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

A) SAVE WATER

B) DRIVE LESS, WALK MORE

C) REUSABLE BAG

D) EAT LOCAL PRODUCTS

E) RECYCLE

F) TURN IT OFF

G) USE NON-TOXIC PRODUCTS

H) REFILLABLE BOTTLE

I) BUY LESS

J) CONSUME ORGANIC FOOD

Skill: SPEAKING

SUSTAINABLE LIVING

Part 1 (3-4 minutes) (10 marks)

1.-Introduce yourself briefly: name, age, job, place where you are from, ...

2.-Look at the pictures. Compare the cities you can see here. Explain why they are different..



Source: <https://grist.org/fix/cities/sustainablecities-of-2121-changemakersenvisionfuture/>

Source: www.freepik.com



The examiner can ask a couple of questions (2 minutes max)

Part 2 (3-4 minutes)

In this part you will answer some questions.

(10 marks)

1. Do you use public transport? If yes, what kind of transport?
2. Do you walk or ride your bike instead of driving a car?
3. Do you buy organic fruit or vegetables?
4. Do you drink tap water instead of buying bottled water?
5. Do you take your own bag when you go to the market?
6. Do you recycle paper and plastic? Why do you do it? Why not?
7. Do you buy things that are made in your own country? Why? Why not?
8. Do you think that your city is sustainable? Why? Why not?

The examiner can ask a couple of questions (2 minutes max)